

WHAT IS CLAIMED IS:

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1. A Directable Medical Guidewire having two ends and an outer surface for insertion through a lumen comprising:  
an elongate resiliently flexible body having a main portion biased into a first configuration; and, an end portion contiguous with one end of the main portion defined by a curved configuration having a first section with a first curvature and a second section having a second different curvature to that of the first section.

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2. A method of emplacing the guidewire defined by claim 1, wherein said guidewire is adapted to be suspended outside of a body having a lumen, and whereby the end distal said end portion hangs freely.

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3. Method of using the guidewire defined by claim 1, including the steps of varying the configuration of said guidewire during storage by coiling said guidewire into a spring biased state, packing said guidewire; removing said guidewire; and reconfiguring an unbiased orientation in of said guidewire in said lumen.

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4. Guidewire defined by claim 1, further comprising at least one of a metal and alloy selected from the group consisting of nitinol, nickel, titanium, stainless steel, elgiloy, palladium and the like super-elastic or flexible substantially metallic or magnetic combinations.

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5. Guidewire defined by claim 1, wherein said outer surface is coated by at least one biocompatible substance selected from the group

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consisting of PET, PTFE, silicone based lubricants and the like plastic-based materials.

- 5 6. A kit which comprises a guiding catheter having a directable medical guidewire disposed therein; a first means for emplacing the guidewire; a means for adjusting the emplaced guidewire; and a second means for emplacing the guidewire.

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